

MDUUC's Mission

Mt. Diablo Unitarian Universalist Church is a welcoming religious community.

We bring to life our Unitarian Universalist values as we:

- seek truth and work for justice;
- nurture compassion and courage;
- reach out to each other and to our larger community of faith;
- bridge the divisions that wound the human family;
- transform ourselves and our world.*

The 7 Unitarian Universalist Principles

We, the member congregations of the Unitarian Universalist Association, covenant to affirm and promote:

- ❖ The inherent worth and dignity of every person;
- ❖ Justice, equity and compassion in human relations;
- ❖ Acceptance of one another and encouragement of spiritual growth in our congregations;
- ❖ A free and responsible search for truth and meaning;
- ❖ The right of conscience and the use of the democratic process within our congregations and in society at large;
- ❖ The goal of world community with peace, liberty, and justice for all;
- ❖ Respect for the interdependent web of all existence of which we are a part.

2018-19 BOARD OF TRUSTEES

Michele Carroll, President
Steve Hirsch, Vice President
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Doug Tamo, Board Member
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board@mduuc.org

MINISTERS AND STAFF

Rev. Leslie Takahashi, Lead Minister / leslie@mduuc.net
Rev. Neal Anderson, Minister for Engagement & Justice / neal@mduuc.org
Rev. Ranwa Hammamy, Community Minister / ranwa@mduuc.org
Rev. Dr. David Sammons, Minister Emeritus
Aaron Eaves, Intern Minister / intern@mduuc.org
Indigo Lewis, Director of Religious Education / indigo@mduuc.org
Chuck Rosene, Administrator / admin@mduuc.org
Marena McGregor, Religious Education Asst. / childcare@mduuc.org
Mark Tuning, Music Director / musicdir@mduuc.org
Jen Marsh Prink, Publications Coordinator / publications@mduuc.org
Tristan Thielman, Facilities Manager / facilitiesmgr@mduuc.org
Brett Carson and Larry Crummer, Accompanists

Mt. Diablo Unitarian Universalist Church

55 Eckley Lane Walnut Creek, CA 94596

Sunday Meditation 9:00 a.m. Two Services Sundays 9:15 and 11:15 a.m.

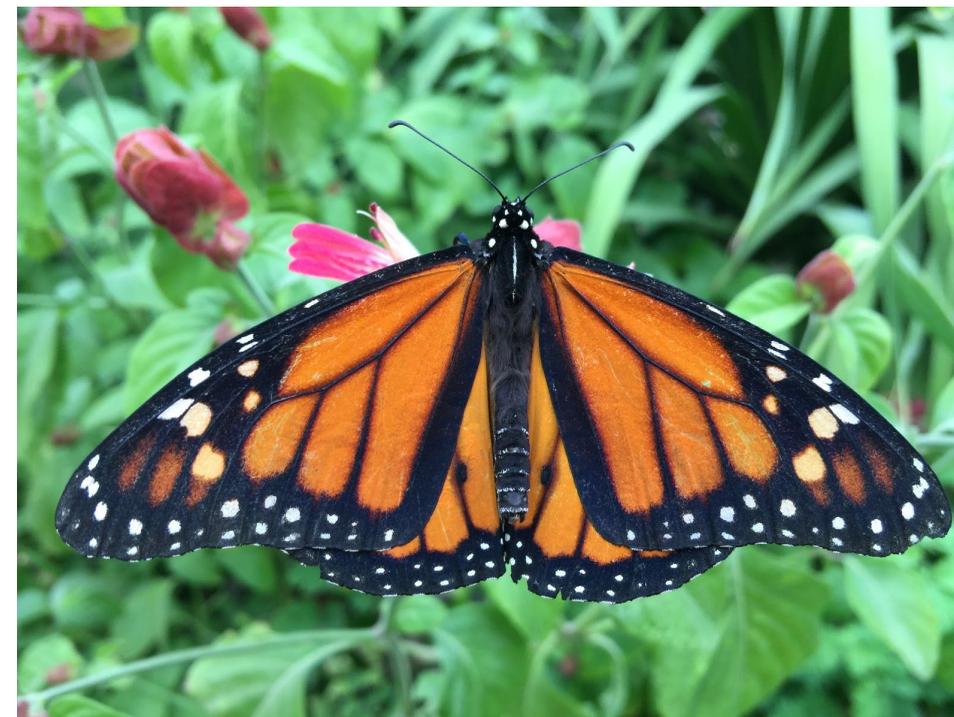
Office Hours: Tues-Fri. 9:30 a.m. - 3:30 p.m. (925) 934-3135

www.mduuc.org



For more information on MDUUC and our programs, please go to www.mduuc.org.

Mt. Diablo Unitarian Universalist Church



“Don’t Go Changin’”

Rev. Neal T. Anderson

January 13, 2019

ORDER OF SERVICE

January 13, 2019

WELCOME!

- ❖ *We welcome all of you and invite you to bring your full self.*
- ❖ *See ushers for large print copies of the order of service, hymn books, and hearing assistance devices.*
- ❖ *A comfort room is available at the back of the sanctuary for those with small children.*
- ❖ *A gender-neutral restroom is located in the White Building, which is across the patio.*
- ❖ *We use pronouns in our introduction to recognize the gender spectrum among us.*
- ❖ *Accessible seating spaces for wheelchairs are marked in several places around the Sanctuary.*
- ❖ *A Fragrance-Free Zone is located on the right side of the Sanctuary, marked on the back of chairs.*
- ❖ *Please put your cell phone on a reverential setting.*

GATHERING SONG #1010 “We Give Thanks” (see screen for lyrics)

This hymn was composed by Rev. Wendy Luella Perkins, a UU Minister and folk singer from Kingston, Ontario, as a blessing during a retreat.

PRELUDE Prelude in C major, BWV 924 (Johann Sebastian Bach) Brett Carson, harpsichord

WELCOME Rev. Neal Anderson
Kathy Teplitz, Board Representative

EXCHANGE OF GREETINGS

INVOCATION “Come, Enter In” MDUUC Choir
(from *Valentin Schumman’s Geistliche Lieder* (1539), text: Rev. David H. MacPherson (2011))

LIGHTING OF THE CHALICE 9:15 -Joan Armstrong
11:15 - Arliss Ungar

Each week we light a chalice, which has become a symbol for Unitarian Universalists and our engagement in the world.

CALL TO WORSHIP Michelle Paquette

HYMN #298, “Wake Now My Senses”

The Rev. Thomas Mikelson wrote these words and set them to a traditional Irish melody for the ordination of a Unitarian Universalist colleague in ministry.

TIME FOR ALL AGES “Meeting Butterfly” Rev. Leslie Takahashi

SINGING THE CHILDREN AND TEACHERS TO THEIR CLASSES

*As you leave this friendly place / Love give light to every face
May the kindness that you learn / Light your hearts till you return*

JOYS AND SORROWS Rev. Neal Anderson

MEDITATION HYMN #194, “Faith is a Forest”

This hymn’s tune is a Chinese folk melody that depicts the beauty of the jasmine flower, adapted by I-to Lob. The text was written by Shelly Jackson Denham, a UU director of extension and worship at The Mountain, NC.

TIME OF REFLECTION, MEDITATION AND PRAYER

Rev. Leslie Takahashi

MUSICAL OFFERING “The 23rd Psalm” (Bobby McFerrin)

MDUUC Choir

CALL FOR THE OFFERING

Michelle Paquette

OFFERTORY “In a Silent Way” (Joe Zawinul)

Brett Carson, piano

Each week during the Offertory we light two pillar candles to acknowledge that we are living in a nation at war. The candles represent our wishes for all whose lives are endangered by the conflict, and our hopes for peace. While the offering is received you are invited to come forward and select a stone to place in the column of water representing our community life, sharing it as a sign of remembrance and hope. Feel free to watch and hold your intention as your stone settles into the water’s embrace.

DEDICATION OF THE OFFERING

“To the work of this community, in transforming ourselves and our world, we dedicate ourselves and our offerings.”

SERMON “Don’t Go Changin’”

Rev. Neal Anderson

CLOSING HYMN #168, “One More Step”

This hymn was written for the Unitarian Universalist Peace Network in 1986 by the Canadian Unitarian singer and songwriter Joyce Poley.

BENEDICTION AND EXTINGUISHING THE CHALICE

Please remain standing.

POSTLUDE “My Back Pages” (Bob Dylan)

Brett Carson, piano

Please be seated. We ask that those who wish to leave during the Postlude please do so quietly, so that the music may be enjoyed in its entirety by those who choose to remain.

Please join us for coffee hour following the service.

The ushers are Bill Oman, Rowena McGregor, Laural Roaldson, Bob Foxall, Carrol Foxall, and Katie Jabns. Audio and video support is provided by Troy Yochelson, Avu Sankarlingam, and Liam Takahashi. The flowers were arranged by Beth Snortum. Steve Hirsch, Jaynese Davis and Kathy Teplitz will be at the Umbrella Table. Coffee Service is provided by Melissa Allen, Rowena McGregor, David Epley, Hisako Tanaka, Jean Geyer, Kelly Webster, and Meg Richardson. The Caring Listeners are Cindy Scheinberg and Sunshine Deffner.

NEXT SUNDAY: Identity Politics -This term has been coined by conservatives to dismiss the idea that one’s identity shapes one’s experience. The idea that our lives shaped by values which we do not even consciously embrace is disturbing and alarming. And yet if we look at what has happened in our nation, this seems to be true. On this Martin Luther King Day weekend, join Rev. Leslie Takahashi to consider the connections between issues of poverty, race, and environmental degradation. (This is a great service to attend if you disagree with the conversation about “white supremacy culture” as we will have a discussion following the service and it is a great time to engage in covenantal conversation).

PLEASE RECYCLE THIS PRINT-OUT AT THE TABLE AT THE BACK OF THE SANCTUARY

GREEN REMINDER: THERE IS A TENDENCY AT EVERY IMPORTANT BUT DIFFICULT CROSSROAD TO PRETEND THAT IT’S NOT REALLY THERE. - BILL MCKIBBON

This Week at Mount Diablo Unitarian Universalist Church

Sunday, January 13

9:00 a.m. Sunday Meditation Group (Fireside Room)
9:15 & 11:15 a.m. Worship (Sanctuary)
10:15 a.m. Children’s Choir (Children’s Chapel)
10:15 a.m. Sanctuary Program Book Sale (Bortin Hall)
11:00 a.m. Coming of Age (Fireside Room)
11:00 a.m. Coming of Age Parents Group (Children’s Chapel)
12:30 p.m. Harmony Singers Singing Ministry (Fireside Room)
1:00 p.m. Congregational Forum (Sanctuary)
1:00 p.m. YRUU Group (Sequoia Room)
2:00 p.m. Children & Youth RE Committee Meeting (Oak Room)
2:00 p.m. Beloved Conversations (Children’s Chapel and Owl Room)
2:00 p.m. People of Color Potluck (Bortin Hall)
4:00 p.m. AA Meeting (Fireside Room)
4:30 p.m. Parents Meeting Al-Anon (Owl Room)

Monday, January 14

10:00 a.m. Gifts of Aging (Fireside Room)
6:30 p.m. Accompaniment Group (Oak Room)
7:00 p.m. Jobs Task Force of MFAC (Children’s Chapel)
7:15 p.m. Yoga (Bortin Hall)

Tuesday, January 15

10:00 a.m. Living by Heart (Owl Room)
1:00 p.m. A Look Back at UU History (Children’s Chapel)
5:30 p.m. The 12 Steps for UUs (Sequoia Room)
6:30 p.m. Immigration Justice Committee (Oak Room)
7:00 p.m. Legacy Committee (Scaff Office)
7:00 p.m. Restorative Practices Meeting (Sequoia Room)
7:15 p.m. Finance Committee (Owl Room)
7:30 p.m. Improv (Mirror Room)
7:30 p.m. Stewardship Committee Meeting (Heritage Room)

Wednesday, January 16

10:00 a.m. Beacon Deadline
5:30 p.m. Vespers (Sanctuary)
6:30 p.m. Community Dinner (Bortin Hall)
7:30 p.m. Counterweight Values for Our Times: A UU Conversation (Sanctuary)
7:30 p.m. Journal Writing Workshop (Owl Room)

Thursday, January 17

10:00 a.m. Program Meeting (Scaff Office)
6:30 p.m. LEAP Council (Sequoia Room)
7:00 p.m. Council on Ministry (Fireside Room)
7:30 p.m. Choir Rehearsal (Sanctuary)

Friday, January 18

11:00 p.m. Gail Sexton Memorial (Sanctuary & Bortin Hall)
6:00 p.m. Tween Mother/Daughter Group (Sequoia Room)
7:00 p.m. Beloved Commitments Movie Night (Children’s Chapel)

Saturday, January 19

9:00 a.m. Men’s Breakfast (Owl Room)
7:30 p.m. Devil Mountain Coffee House (Bortin Hall)

Announcements for the Week of 1/13/2019

Please feel free to pull out this section to take home!

Congregational Forum - Today! The board will share freshly received reports and recommendations from the Beloved Commitments Task Force. The Leadership Task Force will be discussed at the end of the meeting. There will also be break-outs into discussion groups about UU principles – important work for our congregation in advance of the important action to be taken at General Assembly.

People of Color Potluck: Today, January 13 at 2:00 p.m., Bortin Hall - MDUUC members, friends and visitors who identify as People of Color (Asian/Pacific Islander, Black/African American, Native American/Indigenous, Latinx, Middle Eastern/North African) are invited to attend a potluck lunch following the Congregational Forum today, January 13.

Gifts of Aging - Monday, January, 14, 10:00 a.m. - 12:00 p.m. in the Fireside Room. Come and share the wisdom, wonder, mystery, spirituality, and laughter of our lives. Our togetherness will be filled with conversation of the remembrances, challenges, losses and joys we continue to experience on our journey. This is an open class.

The 12 Steps for Unitarian Universalists - Tuesdays, 5:30 - 6:30 p.m. Join us as we share our experience, strength, and hope with one another at MDUUC. Regardless of what kind of addiction you have, or whether the word addiction even feels right for you, you are welcome to join us as we explore what it means to be both a Unitarian Universalist and someone in recovery.

A Look Back at UU History - Tuesdays, January 15, 22, 29 1:00 - 3:00 p.m. Children’s Chapel. Our Minister Emeritus, Dave Sammons, who taught UU history at Starr King after retiring here at MDUUC, will lead a four week excursion into Unitarian Universalist history in North America from colonial times to present.

Living by Heart - Tuesdays, January 15, 22 and 29, 10:00 a.m. – 12:00 p.m. Owl Room. Living by Heart is based on the devotional practices of Harry Scholefield, former Senior Minister of the First Unitarian Church of San Francisco. Facilitated by Suzanne Lofquist. Suggested donation \$20 for four sessions.

Memorials

With sorrow we acknowledge the loss of this member.

A Celebration of her life will be held as follows.

Gail Sexton - Friday, January 18, 11:00 a.m.

A Space for Spirit - Tuesday, January 22, 6:30 p.m. – 7:30 p.m. in the Oak Room. Whether you call it God, the Gods, Spirit, or by another name, if you have a relationship with a Higher Power this may be the group for you! Together, we will create a space for mutual support, as we reflect on our journeys, share our stories with one another, and engage in spiritual practice together. Suggested Donation: \$5.

Beacon Deadline - Wednesday, January 16, 10:00 a.m. Please submit your articles.

Vespers - Wednesday, January 16 - Give yourself a midweek meditative boost. Vespers is a service of music, meditation and sharing which happens from 5:30 to 6:15 p.m. every Wednesday. Our Vespers theme for January is Wholeness.

Community Dinners Are Back Each Wednesday Evening! We are excited that our own Noah Reyes will be joining us as our lead chef for our dinners in 2019. Please come and enjoy a simple meal. We will be reintroducing “curious questions” on different themes around faith and identity at our meals which will allow us to get to know each other better. Dinners are held at 6:30 p.m., following Vespers. Suggested donation \$10/adult and children and youth eat free.

Counterweight Values for Our Times: A Unitarian Universalist Conversation. Wednesday, January 16, 7:30 - 9:00 p.m. in the Sanctuary. We will meet to consider and to learn, from our tradition and from one another and from our tradition. Register online. Meets on the first and third Wednesday through May. With Rev. Leslie Takahashi and Intern Minister Aaron Eaves.

Journal Writing Group, Restorative Practices -Wednesdays January 16, February 20 and March 20, 7:00- 8:30 p.m. in the Owl Room Discover your fresh, adventurous, reflective, playful, healing expressiveness through journal-writing. Led by Susie Symons.

Coffee and Conversations Means Meet Your Neighbors!



Did you know that our community is divided into 16 “Neighborhood Networks?” Revs. Neal Anderson and Leslie Takahashi are setting a goal to visit each one of them during our winter quarter. Getting to know our neighbors is an important way to put our values into action in these times when we live so disconnected from one another. Check out the dates & locations closest to you:

- Saturday, January 19. 1:30 to 3 pm: Steeltown Coffee in Pittsburg with Rev. Leslie
- Thursday, January 24. 1:00-2:30, Pacific Bay Coffee in Walnut Creek with Rev. Leslie
- Friday, January 25, 4:30-6 pm, Papillion Coffee, Lafayette with Rev. Neal
- Saturday, February 2, 9:30-11 am, Farm & Flour, Benicia with Rev. Neal
- Friday, February 8. 4:30—6 p.m. Peets in Orinda with Rev. Leslie
- Thursday, February 14. 4:30-6:00 Peets at Todos Santos Plaza Concord with Rev. Leslie
- Saturday, February 16. 11-12 noon, Sideboard in Danville with Rev. Leslie

Being Sanctuary: Want to make a difference?

As we welcome this New Year together let’s renew our commitments to justice and sanctuary this past year as we continue to strive to bring to life our Unitarian Universalist values. Here are a few places to start.

- The monthly book sale to support the church's Immigration Justice Ministry and Sanctuary Program is this Sunday, Jan. 13. Come out and find a book and support our ministry.
- Save the Date: WOMEN'S MARCH CONTRA COSTA 2019, Civic Park, 375 Civic Drive, Walnut Creek. Join us for the 3rd Annual Women's March! SATURDAY, JANUARY 19
- Gather and Interfaith Shabbat Service: 10:30 / Rally: 11:00 / We March: 11:30
- **Call your Senators today at 1-844-332-6361.** Tell the Senate to vote on the spending bill passed by the House. Encourage them to end the shutdown by passing a clean spending bill, meaning NO money for the border wall and border militarization, detention beds, or deportation agents. "No boots, no beds, no walls!"
- Read this article from the UU World regarding Unitarian Universalism’s commitment to Racial Justice. <https://tinyurl.com/y9798ern>
- If you haven’t already, add your personal pronouns to your nametag at church and make a commitment to wearing it when you are here. For more information about why pronouns matter go here: <https://www.mypronouns.org/what-and-why/>

Just in Time VOLUNTEER OPPORTUNITIES - We Can’t Make Church Without YOU!



Now is the time to give your donation of time! Want to make a difference? Want to help out? Here are some one-time or time-limited volunteer opportunities you can do or sign up to do TODAY. Check out opportunities at <https://www.mduuc.org/how-we-work/volunteer-signups>.

- Help organize our MLK Day witness at 10:30 a.m. on Monday January 21. Email leslie@mduuc.net and put MLK in the subject line.
- Assist Indigo Lewis set up a fidget table for our services. Email indigo@mduuc.org and put “FIDGET” in the memo line.

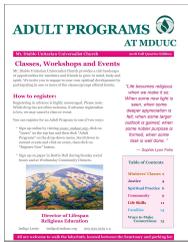


Donate by Texting any amount to 84321 to give. You can even use this for our special collection today. If you have never set up Text-to-Give, you'll be asked to select MDUUC and set up a payment method. From then on giving will be as simple as sending a text.



Congregational Forum in Sunday, January 27

There will be another Congregational Forums on Sunday the 27th, at 1:00 p.m.. Please plan to participate! This is how our church governs itself. This forum will focus on imagining the physical MDUUC of the future. We will also discuss our upcoming capital campaign and its exploratory committee which will define this important work. Another highlight will be honoring some of the outstanding MDUCCers who contribute time, treasure and talent to MDUUC.



The Winter Adult Religious Education (ARE) brochure is now available online at <https://www.mduuc.org/learn/adult-programs/> or in Bortin Hall.

Please check the calendar at <https://mduuc.org/events> to RSVP for our classes and events (including Community Dinner). It's nice to know whether you will be attending!

Tween Mother Daughter Group - *Friday, January 18, 6:00 - 8:30 p.m. in the Sequoia Room.* Want to stay connected with your pre-adolescent daughter and help her thrive while getting the support you need to do the tough work of mothering? Join Indigo Lewis in a monthly gathering for mothers and their tween daughters that fosters continued connection during this time of change.

Beloved Commitments Movie Night - *Friday, January 18, 7:00 - 9:00 p.m. Children's Chapel.* We come together to deepen our conversation on race, through collective viewing of a movie/video, followed by spirited, supportive conversation.

Parent/Grandparent Toddler Playgroup - *Fridays, January 25, February 8, 22, March 8, 22, 10:30 a.m. - 11:45 a.m. in the Children's Chapel.* We're excited to invite you to our free 0-3 year old Playgroup series at MDUUC! With a focus on serving parents and grandparents, our playgroup will offer a space to connect with one another and build community. Our little ones will enjoy song, story, sensory stations, and manipulatives while parents and grandparents can gain new caregiving tools and learning about child development. A light snack will be served. Facilitator: Indigo Lewis. Suggested Donation: \$5 per family, no one turned away at the door!

Exploring our Attitudes about Money - The Last UU Taboo - *Saturday, January 26, 9:00 - 11:30 a.m. in the Children's Chapel.* Many UUs feel uncomfortable talking about money, indeed it can be considered even more taboo than sex. What better way to address this barrier than a two-part workshop that views money as an integral part of our life journey. Our primary focus will be to engage in an exploration of our views about money, how those views have been shaped culturally, and how money can be part of any spiritual practice. Facilitated by Les Polgar and Elisabeth Andreason. Suggested donation - \$10.

Martin Luther King day witness! This is an important year to be present and call attention to the concerns of people of color in our nation. MDUUC will host a witness on MLK Monday, January 21 at 10:30 a.m. at the corner of Broadway and Civic (near Civic Park). If you are willing to help host this interfaith event, please see Rev. Leslie.

Caring Board - The Caring Committee is sponsoring a new way for our church community to communicate needs for support/assistance and a desire to serve others. You can post requests for assistance (Can You?) or offers of service (I Can!) and be matched on a Caring Board located next to the Caring Table in Bortin Hall. For info, contact Susie Symons: stsymons@gmail.com

John McCutcheon at Devil Mountain Coffee House January 19, 8:00 p.m.

John McCutcheon is one of our most respected and loved folk singers, as well as a master of a dozen different traditional instruments, most notably the rare and beautiful hammered dulcimer. His songwriting has been hailed by critics and singers around the globe. His thirty recordings have garnered every imaginable honor including seven Grammy nominations. He has produced over twenty albums of other artists, from traditional fiddlers to contemporary singer-songwriters to educational and documentary works. His books and instructional materials have introduced budding players to the joys of their own musicality. And his commitment to grassroots political organizations has put him on the front lines of many of the issues important to communities and workers.

But it is in live performance that John feels most at home. It is what has brought his music into the lives and homes of one of the broadest audiences any folk musician has ever enjoyed. People of every generation and background seem to feel at home in a concert hall when John McCutcheon takes the stage, with what critics describe as “little feats of magic,” “breathtaking in their ease and grace...,” and “like a conversation with an illuminating old friend.”



Whether in print, on record, or on stage, few people communicate with the versatility, charm, wit or pure talent of John McCutcheon.

“He has an uncanny ability to breathe new

life into the familiar. His storytelling has the richness of fine literature.” – Washington Post

“Calling John McCutcheon a ‘folksinger’ is like saying Deion Sanders is just a football player.”

– Dallas Morning News

\$35 suggested donation

(\$5 for children 6-15, under 6 are free)

(No one turned away for lack of ability to pay. Sliding scale tickets available only at the door.)

Full price advanced tickets available from dmch.mduuc.org

Doors open at 7:30 p.m.. Show begins at 8:00 p.m.



Just Dance !!

Come with your family and friends to MDUUC on

Saturday, January 26, 2019

7:00 - 10:00 p.m. in Bortin Hall

Dance in 2019 – It will just feel good!

Multigenerational dance – all are welcome

Admission – Suggested donation \$10.00 or \$20 for the whole family

DJ Bob Boster will spin for us – buy a song request!

Photo Booth to capture your favorite poses (benefiting MDUUC Youth)

Dance lessons - no partner required

Beverages and snacks for sale

Lots of seating for socializing and toe-tapping

Dress up encouraged but come as you’d like

Free childcare provided if requested in advance email childcare@mduuc.org